…………….. Team

Day Month Year

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| Time | Activity | Facilitator |
| Time(*5 mins*)Time | Welcome and introductionsHow we got here today, e.g. we heard about TS through a presentation or recommended by colleague, referred etcVery brief recap on Team StripesWhat it is, what we have done so far in this unitAgree the Ways of Working | Unit leadersLead Facilitator |
|  | 2-minute mindfulness guided session to lead into the post-it note activity | Lead Facilitator |
| Time(15 *mins*) | Post-it note activity:* 3 words which describe the ideal name the unit
* 3 words which describe what you would see happening

Invite participants to call out some of their words and expand on what they meant*On a scale of 1-10 (one being problematic and 10 being safe, high quality care and a great place to work like the one you just described) where would you place name the unit now?**With collaborative and supported hard work to make changes, where could you be on that scale of 1-10 in 6 months’ time?* | Co-facilitator(name ofscribe/collate) |
| Time | Discovery results feedback – including time for in-presentation discussion | Lead facilitator(Name scribe) |
| Time | Do these results resonate with you?Talk to us more about:* ‘Point out a couple of the low (or very high) scoring items’

Post-it note or pairs activity:*What is one practical way we could make a change to the things that are bothering us?*  | All facilitators |
| Time | Next steps* Confirm date for delivery of the report of the work so far
* Identify local improvement leads who can support the process as well as other opportunities for support, for example CEC
* Start to form working parties
* Thank you to everyone for your participation and commitment
 | Lead facilitatorand local leads |