…………….. Team

Day Month Year

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| Time | Activity | Facilitator |
| Time  (*5 mins*)  Time | Welcome and introductions  How we got here today, e.g. we heard about TS through a presentation or recommended by colleague, referred etc  Very brief recap on Team Stripes  What it is, what we have done so far in this unit  Agree the Ways of Working | Unit leaders  Lead Facilitator |
|  | 2-minute mindfulness guided session to lead into the post-it note activity | Lead Facilitator |
| Time  (15 *mins*) | Post-it note activity:   * 3 words which describe the ideal name the unit * 3 words which describe what you would see happening   Invite participants to call out some of their words and expand on what they meant  *On a scale of 1-10 (one being problematic and 10 being safe, high quality care and a great place to work like the one you just described) where would you place name the unit now?*  *With collaborative and supported hard work to make changes, where could you be on that scale of 1-10 in 6 months’ time?* | Co-facilitator  (name of  scribe/collate) |
| Time | Discovery results feedback – including time for in-presentation discussion | Lead facilitator  (Name scribe) |
| Time | Do these results resonate with you?  Talk to us more about:   * ‘Point out a couple of the low (or very high) scoring items’   Post-it note or pairs activity:  *What is one practical way we could make a change to the things that are bothering us?* | All facilitators |
| Time | Next steps   * Confirm date for delivery of the report of the work so far * Identify local improvement leads who can support the process as well as other opportunities for support, for example CEC * Start to form working parties * Thank you to everyone for your participation and commitment | Lead facilitator  and local leads |