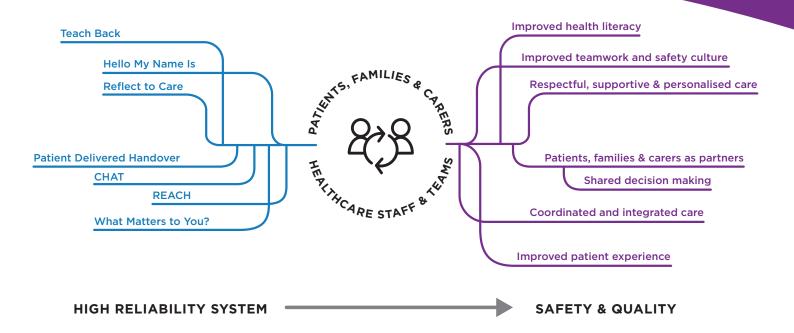
### Safety Fundamentals for Person Centred Communication

The Safety Fundamentals for Person Centred Communication support healthcare staff in building partnerships with patients to provide safe, respectful and reliable care.



#### Teach Back

A conversational method to help patients understand and recall important information.

### "Hello my name is..."

A simple phrase used at the start of a healthcare relationship. It recognises that healthcare is an interaction and relationship between two human beings.

## Patient Delivered Handover

A process that acknowledges the patient as the expert in the daily handover. Prompting questions are provided to guide the patient delivered conversation.

#### **REACH**

A staged process of escalation that recognises that patients, and their families and carers, may detect deterioration before healthcare staff.

# What Matters to You?

A question to capture important individualised information about a person that can influence their care experience and outcomes.

#### CHAT

Ten open-ended questions that can be used conversationally as part of the patient assessment process to explore health literacy support needs.

#### Reflect to Care

A framework to help staff recognise their assumptions and biases and the impact these may have on patient outcomes.

For further information visit www.cec.health.nsw.gov.au



