

MOBILITY GUIDE

ASSISTANCE

MINIMAL

The patient requires some hands on assistance for initiation, balance and/or stability during the activity e.g. standing, walking, toileting, showering.

Consider use of a transfer belt +/- equipment.

MODERATE

The patient requires hands on help. Some lifting by assistant(s) required but within safe lifting limits.

Consider use of a transfer belt +/- other equipment.

MAXIMAL

The patient contributes little or nothing towards the execution for transfers and mobility.

This is a manual handling risk and appropriate equipment should be used such as lifter/hoist or transfer belt with assistance (2 staff) to foster patient improvement with transfers.

STAND-BY ASSISTANCE

Stand directly next to the patient at all times and be ready to assist.

The patient demonstrates inconsistent performance and/or can be unsteady e.g. impulsive, lower limb weakness, poor balance.

The patient may require hands-on assistance in the event of loss of balance.

SUPERVISION

The patient is not likely to require any hands-on help but may require prompting.

The patient is steady when mobilising but may have cognitive and visual impairment and require some prompting or set-up.

Equipment to mobilise is in place, attachments safely secured (drips, drains, catheter).

The patient must remain within view of, but not necessarily close to the person supervising. The patient may require verbal prompting.

INDEPENDENT

The patient requires no supervision or assistance, either physical or set-up to perform tasks safely on their own.

Equipment to mobilise is in place, attachments safely secured (drips, drains, catheter).



MOBILITY TERMINOLOGY GUIDE

ASSISTANCE

The patient requires hands-on assistance from one or two staff, guiding, touching, and/or slight lifting in order to move safely.

STAND-BY ASSISTANCE

Stand directly next to the patient at all times and be ready to assist.

SUPERVISION

The patient is not likely to require any hands-on help but may require prompting.

INDEPENDENT

The patient requires no supervision or assistance, either physical or set-up to perform tasks safely on their own.
A walking aid may be used.

BED MOBILITY



SIT-TO-STAND



WALKING



PERSONAL CARE AND TOILETING

