

High-Risk Medicine Standard: Paracetamol IMPLEMENTATION CHECKLIST

Last updated: 26 February 2024. **Printed copies are uncontrolled and should not be relied upon as up to date.**

Completion of this checklist is not mandatory. Health services may wish to use this tool to monitor compliance with the High-Risk Medicine Standard: Paracetamol. For the most up to date standard, refer to the Paracetamol [webpage](#).

Facility name/LHD: _____ Assessed by: _____ Date: _____

Governance requirements

Adherence to the requirements specified in this standard is to be monitored by governance committees (for example, Drug and Therapeutics Committee) and service managers (including, but not limited to, Directors of Pharmacy and Nurse Unit Managers).

Governance requirements	Requirement met	Requirement unmet
1. Prescribing		
1.1. Dose adjustments are to be considered when prescribing paracetamol for: <ul style="list-style-type: none">• underweight patients• oedematous patients and those above a healthy weight• frail and/or older persons• patients with existing clinical conditions (such as renal or hepatic impairment)• any other factors that may affect drug metabolism and excretion.		

Governance requirements	Requirement met	Requirement unmet
1.2. Paracetamol (and/or paracetamol combination products) are only to be ordered as a regular medication or as required 'PRN' medication, not both. Ordering in both the regular and as required 'PRN' sections of the chart may potentially lead to overdose. Orders are to be expressed in milligrams (mg) or grams (g) per dose.		
1.3. Orders are only to specify a single route (oral, rectal or intravenous).		
1.4. The maximum duration of therapy is to be documented for all intravenous orders.		
1.5. Orders for oral paracetamol are to be reviewed regularly and ongoing analgesic requirements assessed.		
1.6. Orders for intravenous paracetamol are to be reviewed every 24 hours with a switch to oral paracetamol therapy or cessation as soon as clinically appropriate.		
1.7. For paper-based prescribing, all orders for paracetamol (and/or paracetamol combination products) are to include the active ingredient name.		
1.8. Prior to prescribing, clinicians are to ascertain if paracetamol has been recently ingested, check that no other formulations of paracetamol are concurrently prescribed or recently administered, ensure the time interval between doses is appropriate and that the administration of the order will not result in the patient exceeding the safe maximum daily dose of paracetamol (from all sources including combinations containing paracetamol).		
2. Administration		
2.1. Prior to administering paracetamol (including nurse/midwife-initiated paracetamol), clinicians are to ascertain if paracetamol has been recently ingested (by checking with the patient and the medication chart), check that no other formulations of paracetamol are concurrently prescribed or recently administered, and that the administration of the dose will not exceed the safe maximum daily dose of paracetamol (from all sources including combination paracetamol / codeine combinations).		
2.2. In circumstances where the dose is calculated based on patient weight, for example, paediatric patients, the dose is not to exceed the maximum recommended paracetamol dose.		

Governance requirements	Requirement met	Requirement unmet
<p>2.3. An independent second person check is to be employed when administering intravenous paracetamol and all doses administered to paediatric patients (irrespective of the route of administration) unless there is approval from the local Drug and Therapeutics Committee to administer without a second person check. The second person check processes are outlined in the NSW Health Policy Directive <i>Medication Handling</i> (PD2022_032) including circumstances where a second person check is not mandated (for example, when a medicine is administered by an authorised prescriber).</p>		
<p>3. <i>Patient information/education</i></p>		
<p>3.1. Where possible, patients and/or their carers being discharged on paracetamol are to receive confirmation of their current paracetamol regimen at the time of discharge. If patients have been initiated on new paracetamol therapy, the patients and/or their carer are to be provided with specific information and education regarding paracetamol administration where required.</p>		
<p>3.2. Discharge supply of paracetamol is to display the maximum dose of paracetamol per 24 hours on the dispensing label.</p>		
<p>3.3. Professional Health Care Interpreters are to be utilised for patients and/or carers who are not fluent in English or who have hearing or visual impairments.</p>		

<i>Action Plan</i>				
<i>Unmet requirement</i>	<i>Reason/comment(s)</i>	<i>Proposed steps to meet requirement</i>	<i>Timeframe</i>	<i>Person responsible</i>