Aim Statement:
Within 12 months, adolescent admissions to the adult mental health inpatient ward in Bega will be reduced by 50%.

Background to problem worth solving:
- Child and Adolescents with acute mental health needs were being admitted to adult mental health inpatient units in SNSWLHD when other less restrictive care options could have been considered.
- A high number of admissions were occurring after hours.
- Consumer stories highlighted that the adult inpatient unit lacked the age appropriate social inclusion they required.

Process measures (graphs)
- Pre (baseline) and post intervention GRAPHS & Outcome measures (graphs)

Results

Change concept 1 - CAMHS Safety Plan

- Plan - Reviewed current evidence based practice for improved safety planning and submit to the ACI Innovation Exchange after outcomes are realised.
- Do - Implemented new systems in consultation with clinicians – small test in Paediatric wards and MHIPUs.
- Study - Through feedback from clinicians modifications made to template and supporting guideline added.
- Act - Act continues with CAMHS consumer acceptance.

Change concept 3 - CAMHS Inpatient Management plan Template

- Plan - Develop a clinical care pathway for CAMHS and develop a template for safety planning in consultation with CAMHS clinicians.
- Do - Developed a clinical care pathway and CAMHS Safety plan template.
- Study - Through feedback from consumers and clinicians modifications made to template and supporting guideline added.
- Act - Act continues with CAMHS consumers acceptance.

Overall Outcome of Project: What we have achieved so far
- Clinical Care Pathway draft being trialled.
- Safety plan and management plan draft tools being trialled.
- Completed staff interviews regarding the effectiveness of the clinical pathway.
- Completed two education sessions on the use of care plan, safety plan, tool, and improvement plan.
- Positive feedback from Consumers and Caregivers particularly in relation to the Safety Plan.
- Data is still limited and the project is ongoing till December 2019.

$ Cost saving
We are still presently exploring the cost savings of reduced CAMHS admissions to Adult mental health units.

Plans to sustain change
- Clinical Care Pathway to become an integral part of SNSWLHD CAMHS model of care.
- Education regarding CAMHS clinical care will be ongoing as part of orientation and annually.
- Lessons learnt from the Bega pilot will be shared across the LHD.
- SNSWLHD CAMHS admission procedure will be updated to include the clinical care pathway, safety plan, and improvement management plan.
- CAMHS inpatient management plan to be introduced as a template to use within the EMR system.

Plans to spread /share change
- Clinical Care Pathway tools will be introduced to all sites in SNSWLHD.
- Submit to the ACI Innovation Exchange after outcomes are realised.
- Enter the project in the 2020 SNSWLHD Quality Awards.