The TOP 5 program uses up to 5 personal tips from carers to improve communication and promote personalised care.

People living with dementia in NSW

An estimated 1.2 million Australians are caring for someone with dementia.

TOP 5 STUDY OUTCOMES FOR HOSPITALISED PATIENTS WITH DEMENTIA

1277 TOP 5s were initiated across 21 hospital sites in NSW.

Acceptability of TOP 5 program

91% Staff
97% Carers

36.4% reduction in falls by hospitalised patients with dementia after 6 months of using TOP 5.

Decrease in the use of "intensive staffing".

21 minutes Average time to complete a TOP 5 with a carer.

68% reduction in average cost of anti-psychotic medications per month at one hospital.


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